

*A Disciple's
Treasure*

**21-Day Prayer and
Fasting Guide**



MacArthur Blvd
Baptist Church

***“You have said, “Seek my face.”
My heart says to you, “Your face,
Lord, do I seek.” – Psalm 27:8***

As we begin our *Forward in Freedom* campaign, we must begin with prayer! This 21-Day prayer and fasting guide is intended to help each of us seek the Lord over the next three weeks.

Our goal in seeking God is to experience God Himself—to know Him, love Him, and grow closer to Him. As we do, we want to invite God to speak into how we are stewarding our resources to magnify His name. We do want to ask God how He wants us to participate in the *Forward in Freedom* campaign. But broader still, we want to ask God to lead us in how we are stewarding all our resources for Him. We truly believe that God has blessing for our church during this season that extends far beyond debt retirement.

Our need is big--\$2 million by 2030. If we remove God from the equation, it feels too big. Nevertheless, we will follow the principle Jesus taught us with the five loaves and two fish—give Jesus what we have and watch how He meets the need. Use these 21 days of prayer and fasting to ask God how He intends for you to commit resources to this campaign over the next year beyond your ordinary tithe. However He leads you, trust Him and obey. The righteous shall live by faith. Let all of God's people live by faith, and let's see how God provides!

This is a prayer and fasting guide. Each day this guide provides you with a Bible verse for meditation as well as question(s) for reflection to use during your personal time with God. We know fasting may be a new discipline for some. Fasting is voluntarily going without food—or some other regularly enjoyed gift from God—for spiritual purposes. In short, we fast from food so we can feast on God. Fasting is not our attempt to manipulate God to do what we want Him to do. Fasting does not bring God into alignment with our desires but brings our desires into alignment with God's.

Here are a few options for how you may choose to fast over some or all of these 21 days.

Daniel Fast

Foods to Eat	Foods to Avoid
Fruits of any kind	Meat: beef, fish, pork, poultry, etc
Nuts: Almonds, cashews, macadamia nuts, peanuts, pecans, pine nuts, walnuts, pumpkin seeds, sesame seeds, sunflower seeds	Dairy Products: butter, cheese, cream, eggs, milk
Whole Grains: barley, brown rice, oats, millet, whole wheat, quinoa (must be made without yeast or sugar)	Sweeteners: agave nectar, artificial sweeteners, cane juice, honey, molasses, raw sugar, granulated sugar, brown sugar, sweet stuff in general
Legumes: black beans, black eyed peas, cannellini beans, garbanzo beans, kidney beans, lentils, pinto beans, split peas	Leavened Bread: baked goods, Ezekiel bread, any bread with yeast
Vegetables of any kind	Deep Fried Foods: chips, french fries, potato chips, etc.
Beverages: water, V8, juiced vegetables and fruit	Solid Fats: lard, margarine, shortening
Other: spices, salt, pepper, seasonings, soy products, tofu	Beverages: alcohol, caffeine, carbonated drinks, coffee, energy drinks, green tea, herbal tea, sweet tea

Partial Fast

You can fast from one particular meal during the day, setting that time apart to meet with God. For example, you may choose to use your lunch time daily. Another option is to fast daily from sunup to sundown. With this option you can fast from morning and afternoon meals and then eat dinner in the evenings.

Distraction Fast

While fasting usually involves going without food, removing other unnecessary distractions from your life for the purpose of seeking intimacy with God is also spiritually beneficial. If you cannot fast from food due to medical conditions, then you may consider removing social media, TV, or some other activity in your life that can become a distraction in your pursuit of God. Even with this fast, remember, the goal is not merely to remove something from our life but also to intentionally seek the Lord.

Over the next 21-days, we are asking you to: ASK, LISTEN, and OBEY.

ASK: Seek the Lord through prayer and fasting, asking Him two primary questions: (1) In what ways do you want to grow and lead me in my stewardship of financial resources so that I am obeying the greatest commandments with my money? (2) How do you want me to participate in the Forward in Freedom campaign?

LISTEN: As you pray, pray with expectation that God will answer your prayers and lead you. Take time to discern what the Father says. Spend time discussing what you are discerning with your family (if applicable), small group, and other discipling relationships. Test what you are discerning by God's word and bring other believers into your discernment.

OBEY: As the Lord answers both questions, respond with faith-filled obedience.

So much more than retiring debt, may God use this effort to lead each of us to give Him greater supremacy over how we steward the financial resources He has entrusted to us on earth!

Rickey Primrose

Day 1

Romans 12:1, 1 Chronicles 29:10-20

Lord, what is my current heart posture towards giving? Do I see it as an act of worship to You? As I walk through these questions, help me to do so with an open and willing heart to be conformed into the joyful giver you have called me to be.

Day 2

Psalms 112:5-6, 2 Corinthians 9:10-11, Matthew 6:19-21

God, how can my generosity today shape a lasting spiritual legacy—not only for my family, but for the lives and ministries it touches long after I'm gone?

Day 3

Luke 16:13, Psalm 42:1-2, Matthew 5:6

Father, does the way I hold onto my resources reveal that I rely more on them than on You? What things in my life—savings, job, home, or possessions—if suddenly taken away, would shake my trust in You?

Day 4

***Leviticus 25:23, Deuteronomy 10:14,
1 Chronicles 29:11-12***

Lord, You are the Owner and I am Your steward. When I am tempted to reverse those roles, help me to embrace the joy and responsibility of stewardship—letting You guide how I use financial resources.

Day 5

Proverbs 3:9-10, Proverbs 22:7, 1 Corinthians 16:2

Lord, have I been unwise in spending or accumulated excessive debt? Do I say "I don't have enough left over to give" while maintaining unwise spending habits that inhibit my ability to give? Teach me to manage what You've entrusted to me with wisdom and faithfulness.

Day 6

2 Peter 3:10-11, Ecclesiastes 5:15, 1 Corinthians 9:24-25

Jesus, knowing that all worldly wealth will pass away when You return, how can I steward my earthly resources for eternal impact?

Day 7

Proverbs 20:21, Proverbs 13:22, Matthew 6:31-33, Psalm 37:25

Lord, while wisdom calls me to plan for the future and care for my family, has my planning turned into worry or control? Teach me to trust You fully with the future.

Day 8

Mark 12:43-44, 2 Corinthians 8:1-4, Galatians 6:9-10

Father, some of the greatest examples of generosity in the Bible are of those who had the least to give. When I feel I need more before I can give, help me remember that generosity is more about the heart of giving than the amount.

Day 9

1 Timothy 6:17-18, Matthew 6:20-24

Lord, if I have neglected to make generosity an intentional part of my worship to You, help me discern the root cause. Is my heart focused on the wrong things? Do I doubt Your provision? Or do I need to grow through discipleship in this area?

Day 10

1 Thessalonians 5:18, Philippians 4:11-13, Hebrews 13:5

Lord, living generously flows from a heart of contentment and gratitude. Help me regularly thank You for all You have given in the past, for Your present provision, and for what You will provide in the future.

Day 11

Hebrews 6:10, 2 Corinthians 4:18

Father, worldly markets have no influence over the everlasting rewards of investing in Your kingdom. Help me not to focus so much on fleeting, earthly gains that offer such insignificant value. Open my eyes and help me develop a mindset focused on long-term spiritual impact.

Day 12

Philippians 1:9-10, 1 Timothy 5:3-5, Proverbs 14:7

Lord, there are many different opportunities to give. I want to not only be generous but wise in how to invest Your resources. Help me to see clearly where best to give Your money.

Day 13

Luke 19:8-9, Matthew 19:21, Luke 14:33

Lord, Zacchaeus was praised for his radical generosity because it proved his heart had truly changed. As followers of Jesus today, we know Your desire for us to give freely has never changed. Please give me the strength and faith to trust You completely, so I can live in radical obedience—no matter the cost.

Day 14

Psalm 24:1, 1 Corinthians 6:19, Psalm 50:12, Haggai 2:8

Lord, everything we have comes from You. As I consider all that You have entrusted to me, is there anything You would ask me to release—anything I would struggle to surrender or treat as off-limits? House, car, property, retirement funds, hobbies?

Day 15

Jeremiah 22:16, Proverbs 28:27, Romans 10:13-15

Lord, where should I/my family focus our efforts to help others through faith-based service? Are there opportunities already in my community that I can partner with? Is there a faith-based ministry You are leading me to start? Is there a place for us in either short-term mission work or long-term ministry abroad as part of Your vision for our lives?

Day 16

2 Corinthians 9:11, 2 Corinthians 8:14, Acts 11:29

Lord, help me to see myself as a conduit of Your blessing to others. Thank You for the resources you have entrusted me with—whether finances, time, wisdom, or abilities. Please show me where you want me to grow in generosity.

Day 17

Matthew 16:27, Proverbs 19:17, Matthew 10:42

Father, help me to live each day with an eternal perspective. Grow my longing for heaven and loosen my grip on earthly treasures.

Day 18

2 Corinthians 9:2-3, 1 Chronicles 29:1-14, Hebrews 10:24

Lord, if I am called to make disciples, who am I actively discipling in the area of giving? Is there someone You are leading me to invest in now?

Day 19

Luke 12:15, 2 Corinthians 9:6-8, 1 Timothy 6:17-19

Father, guard my heart from a singular pursuit of wealth. Form in me a generous heart, and as I give, help me experience the joy and freedom found in You alone.

Day 20

Proverbs 22:6, Deuteronomy 11:18-19

Jesus, how can I better model and invite my family or those in my immediate circle into a life of generosity? How am I intentionally shaping the next generation to live generously?
